

St. Francis Xavier Parish

Ministry Resource Guide

Welcome! Within these pages, you will find: 1) A list of the ministries, organizations and resources available through St. Francis Xavier Parish and 2) Opportunities for you to share time and talent throughout the community. For more information about a specific program or organization, please visit their webpage on this site. Ministries & Organizations are grouped into 4 Commissions: Spirituality/Worship; Parish Life; Human Concerns, and Education & Formation. To become more deeply involved in a particular area, please connect with the contact person listed, or complete and submit the **Ministry Interest Form**.

Questions? Contact the Rectory Office at sfxinlg@sfxlg.org or 708-352-0168.



Thank you for sharing your gifts!

Spirituality/Worship

Altar Committee

Contact: Lorraine Ovník
708-246-6062

This committee sets up and cleans up the altar space after weekday and Saturday masses.

Volunteer Time Commitment – Those who attend daily or Saturday mass could easily assist with this committee as often as you are able.

Altar Servers

Contact: Missy Westerhoff
sfxinlg@sfxlg.org / 708-352-0168

Seventh and eighth grade students from both the SFX Day School and the School of Religious Education are eligible to be altar servers. Girls and boys may serve. Before starting as an altar server, students must attend training sessions.

Volunteer Time Commitment - varies

Art & Environment

Contact: Celine Heraty
cmheraty@gmail.com

This committee is responsible for creating a mood or atmosphere that helps make our worship space a suitable place for liturgy. Through color, texture, and design, a sense of warmth and hospitality is achieved, making St. Francis Xavier an inviting place for all worshippers.

Volunteer Time Commitment – varies. Advent and Lenten preparations take about three hours to set up. Christmas is slightly longer because of decorating the tree. There are many hands needed during Holy Week.

Bereavement Ministry

Contact: Missy Westerhoff
sfxinlg@sfxlg.org or 708-352-0168

The Bereavement Ministry of St. Francis Xavier Parish is made up of generous and caring men and women who have made the commitment to accompany their fellow parishioners through the journey of grief.

Volunteer Time Commitment - Ministers of Consolation are available during the evening and morning hours to attend wakes and funeral liturgies, as well as occasional training and formation sessions.

Children's Liturgy of the Word

Contact: Terri Simeoni Religious Education Coordinator
tsimeoni@sfxlg.org / 708-352-4555

Children's Liturgy of the Word Reflectors work with the children at the Saturday 5:00 p.m. mass to present and interpret the Gospel in a special way. Shepherds assist the Reflectors. Reflectors and Shepherds escort children (through Grade 4) to the rectory, and follow a format of prayer, readings, and discussion until after the petitions, when they return to church. There is always enthusiastic participation on the part of the children.

Volunteer Time Commitment - The time commitment is minimal. A Reflector and his/her accompanying Shepherds are scheduled once every 4 or 5 weeks (October through April only). Usually ½ to 1 hour will be needed to study the provided readings and background information, and to develop a plan for the reflection with the children.

Eucharistic Ministers

Contact: George Rutkowski
grutkowski@aol.com

Eucharistic Ministers are lay persons mandated to assist the priests in distributing the Eucharist at Mass. High School age and above.

Volunteer Time Commitment - Eucharistic Ministers serve at mass according to a published schedule. On average, ministers serve 2x per month.

Funeral Sacristans

Contact: Missy Westerhoff
sfxinlg@sfxlg.org / 708-352-0168

Funeral Sacristans are special "on-call" adults who serve both as sacristan and altar server, and set up for the Funeral Masses.

Volunteer Time Commitment - Funeral Sacristans are needed with 1-3 day notice, usually for about 2 hours in the morning.

Greeters**Contact: Mary Joscelyn**
marytjos@sbcglobal.net

Greeters are some of the first people to welcome parishioners and visitors to our weekend liturgies. It is a ministry of hospitality.

Volunteer Time Commitment - Greeters arrive 15-20 minutes before each scheduled mass in order to welcome those who attend. They serve at a mass time of their choice, as their schedules allow.

Lay Leaders of Prayer**Contact: Maureen Pipal**
mpipal@sfxlg.org / 708-352-0168

These men and women assist by hosting Word and Communion services on Tuesdays and Thursdays at 7:45 am and lead worship at various other prayer services.

Volunteer Time Commitment - several hours approximaely once a month, as your schedule allows. Training provided as necessary.

Lectors**Contact: Susie Lehuta**
lehutams@yahoo.com

Lectors read the scripture selections for the weekend liturgies. (High School age and above)

Volunteer Time Commitment - Scheduled based on need and availability at the mass time you select. As often as you are able. One time training session is required.

Liturgy Planning**Contact: Bernadette Mc Mahon**
bbmcmahon@comcast.net

Six teams of 4-6 parishioners do seasonal and weekly liturgy planning. Our focus is on practical, real-life applications of scripture. Teams meet to reflect on the scriptures for assigned Sundays. Based on that reflection, notes are written for homilists' consideration, prayers are selected/written, general intercessions are written, and an ordo form is submitted. Representatives of each team and the parish staff do seasonal planning for Advent, Christmas, Lent and Easter. We gather to reflect, pray and share our thoughts.

Volunteer Time Commitment - An annual planning schedule is prepared. Teams meet for 90 minutes every six weeks, at a time and place of their choosing, in addition to advance preparation and reflection, post-meeting writing, and organization of the ordo.

Ministers of Care**Contact: Mary Sue and Scott McDonald**
sjmcdonal@yahoo.com

Educated and formed Ministers of Care in our parish bring the gifts of Eucharist and companionship to those living in nursing homes, the permanently homebound, and parishioners who are patients in our local hospitals. Their visits to those who are unable to attend liturgy at church allow these parishioners to remain connected to the parish community in the sharing and celebration of the Eucharist-Jesus present in all of our lives.

Volunteer Time Commitment -variable and can range from 1 hour per week to 3 hours per month. Initial training consists of 12 classroom hours of education/formation in accordance with archdiocesan policy.

Music Ministry**Contact: Allen Sterwalt** Director of Music Ministry
asterwalt@sfxlg.org / 708-352-0168

Singers and instrumentalists of all ages come together to worship the Lord through music. It's a hands-on desire for spiritual growth through community that brings people to this special ministry. We sing with one another and with the parish community in hopes that the Holy Spirit may be found and heard in each one of us. There are numerous opportunities for people of all ages to serve: Cantors, Celebration Ensemble, Gallery Choir, Men's Schola, Resurrection Choir, Spirit Choir, Cherub Choir, SF Choristers, and Instrumentalists.

Volunteer Time Commitment - varies. Please visit the Music Ministry page on the parish website (sfxlg.org) for rehearsal schedule.

Sunday Sacristans**Contact: Steve Eaton**
stevenfeaton@gmail.com

The sacristan carefully arranges the liturgical books, the vestments, and other things necessary in the celebration of Mass. This person undertakes the overall preparation of liturgical celebrations, including all that is needed for special days, such as Ash Wednesday and Palm Sunday.

Volunteer Time Commitment - Sunday Sacristans are scheduled on a rotating basis.

Ushers**Contact: Joe Discipio**
jadiscipio20@att.net

Ushers will seat at mass, select individuals/families for the procession of gifts, collect offerings, assist with seating those who require additional assistance, and distribute bulletins.

Volunteer Time Commitment - Monthly rotation at a mass time you request.

Wedding Ministry **Contact: Sue Baker**
grandbaker30@gmail.com

Do you want to be part of our greatest Sacrament of unity and love? We serve in teams of two, assisting at wedding ceremonies, arriving one hour prior to the scheduled start time. Duties range from answering questions about the history of the church to helping with last minute details. We assist various participants of the wedding (i.e. Florist, Musician, etc.), including lining up the wedding party for the opening procession. Team members who are Eucharistic Ministers may also help distribute communion.

Volunteer Time Commitment – Approximately two and one half hours per wedding, with an average of 8 assignments per year, always working in pairs. Join us and we'll provide guidance and training in this important Service Ministry of our Parish.

Women's Welcome Retreat **Contact: Laurie Severino**
laurie.severino@ckrinteractive.com

The next Women's Welcome Retreat weekend will take place in February 8-9, 2020. Please consider sharing faith with other women from SFX at this uplifting weekend of reflection.

Volunteer Time Commitment - Participants at one retreat are invited, but not required to help plan the next.

Parish Life



Baptismal Banners **Contact: Jenny Palmer**
jmpislola@aol.com

Members of this ministry make all the baptismal banners for parish baptisms. Each baptismal banner is a special keepsake for the family.

Volunteer Time Commitment – varies according to the number of children being baptized, but requires cutting, sewing, gluing and delivery of banners on a monthly basis.

Back Door Theatre **Contact: Becky Hayes**
bechayes@sbcglobal.net

BDT is an ecumenical teen drama ministry. Every summer we write, produce and perform an original Christian play which incorporates musical performances, vocals, dance, set design, costuming, tech support and back stage management. BDT is open to those entering grades 6-10 as performers, and grades 11 & 12 as Teen Assistants. Adults wanting to contribute are welcome.

Volunteer Time Commitment – commitment varies but is generally limited to June and July. Workshops are held Monday and Wednesday evenings.

Boy Scout Troop 33 **Pam Titzer** Committee Chairperson: pamtitzer@sbcglobal.net
Joe Collins Contact: collins830@att.net

BSA provides a program for young people that builds character, trains them in the responsibilities of participating citizenship, and develops physical fitness. Involvement in BSA helps build the future leaders of this country by combining educational activities and lifelong values with fun. The Boy Scouts of America believes that helping youth is key to building a more conscientious, responsible, and productive society. Troop 33 at St. Francis Xavier Church is sponsored by the SFX Men's Club.

Volunteer Time Commitment - we have weekly Thursday night meetings from 7:30-8:30pm in Joyce Hall and have monthly outings (e.g. campouts and activities). Any adult that is willing to assist with the Boy Scouts is encouraged to volunteer. No previous scouting experience is required.

Catholic Women's Club **Contact: Catherine Murphy, President**
catherinelannes@hotmail.com

All women over the age of 21 who are registered parishioners are in the SFX Catholic Women's Club. Our purpose is to welcome new women into the parish, provide spiritual and social activities for members, encourage participation in parish life, and promote charitable and humanitarian projects on behalf of SFX.

Volunteer Time Commitment – varies with particular activities. You are welcome to become as involved as your schedule allows.

Cub Scout Pack 33 **Contact: Brian Lisek**
brian.lisek@me.com

We offer outstanding growth experiences for boys by preparing them to make ethical and moral choices over their lifetimes - instilling in them the values of the Scout Oath and the Scout Law. Details about Cub Scout Troop 33 can be found at sfxcubscoutpack33.wixsite.com/ourwebsite.

Volunteer Time Commitment - We have several adult leadership positions that need to be filled. Commitment varies from 6 to 40 hours/year.

Edythe Gardening **Contact: Cynthia Urbain**
708-352-5292

In memory of the many years of gardening and beautification work done by Edythe Skokna, this group aims to beautify the church grounds by creating and maintaining seasonal baskets, refreshing planters, and caring for all plantings on the church grounds.

Volunteer Time Commitment – any and all "green thumbs" are invited to help in any way they can, any or all seasons of the year.

Girl Scouts of SFX**Contact: Veronica Ponce** School Coordinator
verocxx@gmail.com

Saint Francis Xavier Girl Scouts is an organization dedicated to living by the Girl Scout promise and law while encouraging girls to build self confidence by trying new activities. One of our more popular activities is selling cookies! We have troops at the Daisy, Brownie, Junior and Cadette levels. There are opportunities for adult troop leaders or cookie managers.

Volunteer Time Commitment - varies depending on troop and responsibility

Men's Club**Contact: Matt Hubert**
mthubert@gmail.com

The Men's Club is an organization of adult male members of St. Francis Xavier Parish whose purpose is to enhance the spiritual and social life of its members, while providing support to various organizations of the parish and our local community. The SFX Men's Club helps sponsor BEDS, Boy Scouts Pack #33, Cub Scouts Pack#33, Food Pantry, Girl Scouts, Habitat for Humanity, SFX Athletics, along with many other activities.

Volunteer Time Commitment - meets 2nd Tuesday every month, 7:30pm. Social and Spiritual events are scheduled throughout the year.

Moms and Tots**Contact: Cathy Hernandez**
catherinehernandez9@gmail.com

Join other moms in the parish with their children (birth to Kindergarten) in social activities, building community and supporting each other in this new, exciting, and often challenging time.

Volunteer Time Commitment - join us Wednesday mornings for playgroup, outing, speaker series and periodically throughout the year for special events. Check the bulletin or our website(sfxlg.org) for updates and more information.

Office Helpers**Contact: Missy Westerhoff**
sfxinlg@sfxlg.org / 708-352-0168

Lunch time coverage Monday, Tuesday, Wednesday, Thursday, or Friday. Come in for 1 hour at lunch time to cover phones and the office reception area.

Volunteer Time Commitment - 1 hour/ weekday as needed.

Retired Men**John Carroll**
jrcnfamily@aol.com / 708-354-0205

This group offers an informal monthly gathering of retired men of the parish. Its mission is educational, social and spiritual.

Volunteer Time Commitment - monthly meetings and gatherings are 1-2 hours in length.

Senior Women**Contact: Clare Froemel** clare.froemel@gmail.com / 708-354-9386
Marge Schwendner mmsnana3@yahoo.com / 708-203-3459

All senior women are welcome. The luncheon requires a reservation with a fee. The meetings are announced in the church bulletin and a reminder is sent by mail.

Volunteer Time Commitment - we meet 4 times a year, 3 in the east rectory meeting room with a speaker of interest. The 4th meeting is a spring luncheon.

Welcome Committee**Contact: Laura Duelm**
lauraduelm@hotmail.com

Our goal is to welcome new parishioners by attending a dinner answering any questions and helping them to connect to any other ministry or group that may interest them.

Volunteer Time Commitment - help make calls and plan simple get-togethers as needed.

Youth Ministry**Contact: Olivia Zurowski** Coordinator of Youth Ministry
ozurowski@sfxlg.org / 708-352-0168

Here at St. Francis Xavier Parish, we are excited about our ministry to our high school age parishioners. This highly energetic ministry allows opportunities for youth to develop relationships with peers through service, fun, and liturgy. Out of these relationships we envision the possibility of faith development, community building, mentoring, and of course, fun. Activities include the CROP Walk, Giving Tree, Soup-er Bowl of Caring, Kairos retreats, Fretus Identity retreat, 6 pm Sunday Liturgy, Speaker Events, Youth Council, and more! Freshmen, Sophomores, Juniors, and Seniors are encouraged to actively participate in all ministries at the 6:00 pm Sunday Liturgy as well as all other Liturgies.

Volunteer Time Commitment - varies.



Human Concerns

All Parish Service Day

Contact: Mary Freeman, Director of Community Outreach
mfreeman@sfxlg.org / 708-352-0168

Annual outreach event to connect parishioners with one another and live the Gospel message of discipleship in our community and Chicagoland.

Volunteer Time Commitment - Team leaders work with an outreach organization to organize a service activity for 10-20 people for approximately 2 hours in early June.

BEDS PLUS

Contact: Erin Molek Volunteer Coordinator
volunteer@beds-pluscare.org / 708-354-0858 ext. 3

BEDS PLUS (**B**uilding **E**cumenical **D**isciplines through **S**heltering) is a non-profit agency that helps homeless individuals obtain stable, affordable housing and provides a continuum of professional support services including emergency overnight shelter.

Volunteer Time Commitment - Shelter Site Volunteers work a 4-hour shift, once a month. Laundering linens for 30-40 clients, once a month. Cooking dinner and providing breakfast for 30-40 clients, once a month. SFX is the Monday evening site.

Domestic Violence Outreach

Contact: Denise Carlson
denise.o.carlson@gmail.com

The Domestic Violence Outreach Ministry formed in 2012 after hearing Fr. Dahm, pastor of St. Pius Church, speak about domestic violence. We strive to bring awareness to this growing problem that represents all ethnicities, incomes and education levels. We partner with St. Cletus and St. John of the Cross parishes.

Volunteer Time Commitment - We meet once every two months, and give special attention to October, which is Domestic Violence Awareness Month.

Family Outreach Ministry

Contact: Ana Dimailig
apd3@core.com

The Family Outreach Ministry is designed for families to teach children and model the gift of stewardship. Throughout the year different outreach opportunities are offered so that together you and your children can be God's hands and feet in our community.

Volunteer Time Commitment - Each event is about a two hour commitment.

Food Pantry

Contact: Mary Freeman, Food Pantry Coordinator
mfreeman@sfxlg.org / 708-352-0168

The Pantry's mission is to: (1) provide supplemental nutritious food assistance to those in need in a safe, respectful and prayerful environment and (2) partner with our community through food drives and volunteer opportunities.

Volunteer Time Commitment - Monday and Tuesday mornings and special projects as needed. Donations are always welcome and can be dropped off at the rectory or the side altars in the church.

Habitat for Humanity

Contact: Bob Albertini
smc87@sbcglobal.net

The SFX Habitat for Humanity ministry helps to build affordable housing for low income families in Clarksdale, Mississippi. In the process of fulfilling this ministry, SFX parishioners have an opportunity to meet and work with future homeowners.

Volunteer Time Commitment - Volunteers spend one week in Clarksdale during the summer months. We leave SFX early on a Saturday morning and return the following Friday.

Kitchen Angels

Contact: Susie Lehuta
lehutams@yahoo.com

Kitchen Angels reach out to those in need by offering a home-cooked meal. When the parish is made aware of an individual or family who could be helped with one or several meals, a volunteer will contact you to see if you could prepare a meal in the coming week, on an evening that fits your schedule. Everyone has a favorite dish... share one with someone in need!

Volunteer Time Commitment - On average, volunteers are called to supply one meal every 3 months based on requests.

Knights of Columbus

Contact: Mike Hattie michaelhattie@sbcglobal.net
Joe Discipio jadiscipio20@att.net

The Knights of Columbus is the largest Catholic family fraternal organization in the world. It provides an opportunity for the men of the parish to deepen their faith, while it offers support for families and involvement in community service.

Volunteer Time Commitment - Voluntary monthly business meetings along with voluntary monthly social and service events.

Peace and Justice **Contact: Sr. Marlene Schemmel, CSJ**
mschemmel@csjoseph.org

Peace and Justice Ministry carries out the teachings of Jesus in the Sermon on the Mount; to work for peace and justice in our community, the world and on behalf of all creation; to involve the parish and the broader community in this mission; and to create awareness through education, dialogue and action. All are welcome to join at any time.

Volunteer Time Commitment – Meets on the first Wednesday of each month, 7:15-8:30pm in the rectory.

Prayer Shawl Ministry **Contact: Sarah Zavala sarahsmiles17@yahoo.com**
Barbara Szulc baszulc@aol.com

Members of this ministry knit and crochet prayer shawls intended to provide comfort for the recipients. We also make baby blankets for several ministries and warm scarves and hats for the BEDS program and SFX food pantry. Ways to become involved include knitting or crocheting, donating supplies (yarn and ribbon), making a monetary contribution for supplies, and praying for all involved.

Volunteer Time Commitment - crafting is primarily done at home on your own time and at your own pace, but the group also meets in Unity Hall on the 4th Wednesday of each month, 7-8pm.

St. Vincent DePaul Society **Contact: Patrick Murphy**
ptmnrj2@yahoo.com

Vincetians are united in an international society of charity by their spirit of poverty, humility and sharing, which is nourished by prayer and reflection, mutually supportive gatherings and adherence to a basic Rule. Locally, the St. Vincent de Paul Society helps individuals and families address the needs and requirements of everyday life: food, clothing, shelter.

Volunteer Time Commitment – We meet on the first Monday of each month from 7:00-8:00pm in the rectory. In addition to the meetings, approximately 2 hours every other month is required to help those in need.

Education & Formation



Adult Faith Formation **Contact: Fr. Bill Tkachuk Pastor**
wtkachuk@sfxlg.org / 708-352-0168

As we continue to age and encounter new life experiences, we are constantly being called to examine our relationship with God and to grow as disciples of Christ. St. Francis Xavier Church offers a number of opportunities for parishoners of all ages to participate in forming their faith through Bible study, small faith groups, sacramental preparation for adults, prayer and reflection.

Volunteer Time Commitment – Adult Faith Formation Volunteers are needed to help manage projects. Also seeking small faith group leaders and parish sponsors to accompany those in the RCIA process to parish activities. You are invited to share gifts as your time permits.

Baptismal Prep Team **Contact: Matt Kanzer mkanzer@yahoo.com**
Katie Kanzer kkanzer@sbcglobal.net

The team leads the baptismal preparation classes for parents of babies about to be baptized and assists the priests behind the scenes with the baptism ceremonies. This rewarding opportunity is a great chance to welcome new babies to the parish and guide families through this special time.

Volunteer Time Commitment – We provide training and "on-the-job shadowing" to all new volunteers. We meet as a group once or twice per year. We rotate responsibilities individually or couples between the classes (this requires 2 hours on the 4th Thursday evening of each month) and baptism ceremonies (2 hours on the 1st and 3rd Sunday afternoons of each month). Depending on the size of our group, this results in volunteering a couple of hours every month or two.

Confirmation Prep **Contact: Olivia Zurowski Coordinator of Youth Ministry**
ozurowski@sfxlg.org / 708-352-0168

Confirmation Prep begins with catechesis in the 7th and 8th grade religious formation program and concludes with the 1st year of the Quest Program and involvement in service activities and parish ministries.

Volunteer Time Commitment - varies. New volunteers are sought each spring and summer.

Family & School Association **Contact: Prudence Hopkins**
Visit the Day School page at www.sfxlg.org

The St. Francis Xavier Family and School Association, better known as FSA, provides the supportive link between the families and the school. We are comprised of a Board of five couples, 40 different committees, and hundreds of volunteers. All Day School families are members of FSA.

Volunteer Time Commitment - varies.

Quest **Contact: Olivia Zurowski Coordinator of Youth Ministry**
ozurowski@sfxlg.org / 708-352-0168

Quest is just one of many "access points" that help teens continue to grow and live in faith. The small Christian community aspect of Quest groups is what emboldens us to radically live the Gospel of Jesus Christ. Through these small groups, we hope teens continue to connect with one another and their community through service, social events, faith-based discussions, retreats and various other opportunities.

Volunteer Time Commitment - varies. New volunteers are sought each spring and summer.

**RCIA - The Rite of Christian
Initiation of Adults** **Contact: Susan Lindsay**
selindsay22@yahoo.com

RCIA offers an opportunity for adults to become fully initiated into the Catholic Church through the Sacraments of Baptism, Confirmation, and Eucharist. Volunteers are needed to invite and accompany participants to parish events.

Volunteer Time Commitment – As your schedule allows. The process goes from late September/early October until May. Some Sundays are also needed.

**School of Religious Ed. & the
Religious Ed. Advisory Board** **Contact: Terri Simeoni, Religious Education Coordinator**
tsimeoni@sfxlg.org / 708-352-4555

The SFX Religious Education Advisory Board helps to support the families registered for Religious Education, the volunteer catechists and the RE Coordinator. Today, SFX has over 580 families in ten towns. There are 100+ catechists and several aides. During school hours for the Religious Education students, SFX parent and parish volunteers staff the safety enforcement posts.

Volunteer Time Commitment – varies. The Advisory Board meets the first Monday of the month during the school year at 9:00am in the Rectory Courtyard Room.

Small Faith Groups **Contact: Mary Sue McDonald**
marysuemcdonal@yahoo.com

Small Faith Groups meet weekly during Lent for a total of 6 sessions. Several groups continue throughout the year.

Volunteer Time Commitment – Facilitators are welcome for both Lent and year-round groups. You choose the day of the week and time; training provided.

**SPRED
Special Religious Development** **Contact: Nancy Kalkowski** Friday Group Chair
nancy.kalkowski@gmail.com
Cindy Anderson Saturday Group Chair
cynthia.anderson@centurylink.com

The goal of SPRED is for catechists and friends with special needs to form a community of faith in which everyone experiences the presence of God. We are committed to the belief that every person deserves an opportunity to grow in faith and to be part of our Church community. The SFX SPRED program is specifically designed as a journey in faith for young adults and adults. Children and adolescents are served at other local parishes.

Volunteer Time Commitment – varies. Nancy is the Friday Group Chair; Cindy is the Saturday Group Chair.

“We, the community of St. Francis Xavier Catholic Parish, wholeheartedly live and celebrate the Gospel of Jesus Christ. We commit ourselves to live in communion with God, others, and all of creation to create a more just world through sacraments and worship, learning and service.”

St. Francis Xavier Parish

Community Outreach Guide

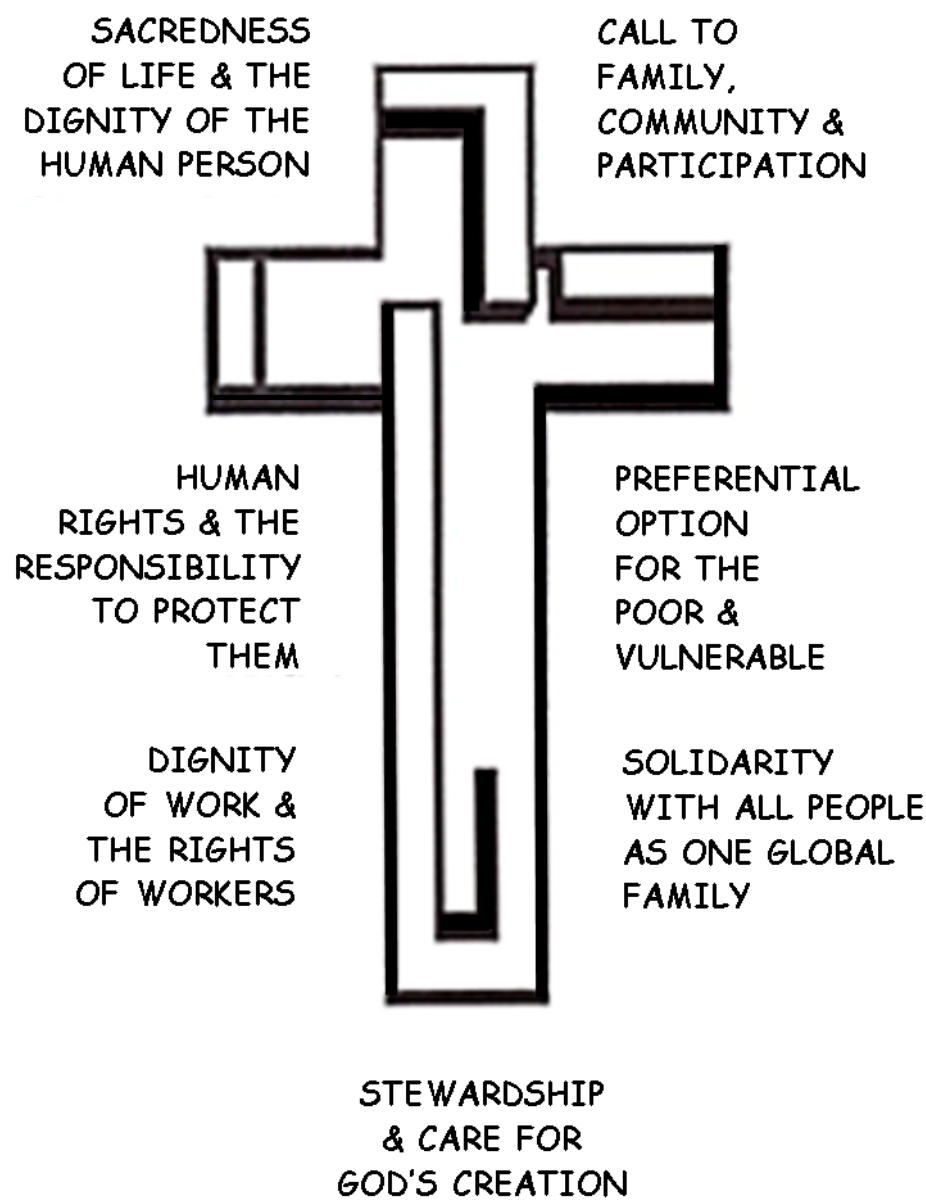
Guided by *Corporal Works of Mercy* and *The Seven Themes of Catholic Social Teaching*, St. Francis Xavier Parish strives to connect our community of faith with outreach opportunities beyond our parish ministries.



Visit the Sick
Clothe the Naked
Bury the Dead
Give Drink to the Thirsty
Visit the Imprisoned
Shelter the Homeless
Feed The Hungry

Corporal Works of Mercy

SEVEN KEY THEMES OF CATHOLIC SOCIAL TEACHING



Bernie's Book Bank
917 N. Shore Dr., Lake Bluff

Contact: www.berniesbookbank.org
847-780-READ (7323)

Volunteers needed to sort and bag new and gently used children's books for distribution to at-risk infants, toddlers and school-age children throughout Chicagoland.

Volunteer Time Commitment - see website for on-line sign-up or to donate books.

Big Shoulders

Contact: Amelia Drozda
adrozda@bigshouldersfund.org / 312-751-3850

Provide support to Catholic schools in the neediest areas of inner-city Chicago. Programs benefit the hardest working students, providing scholarships, special education and academic programs. Some of the ways to volunteer include cleaning schools and painting as well as mentoring, tutoring, and coaching students.

Volunteer Time Commitment - varies by responsibility or project.

Caring Place
200 Washington, LaGrange

Contact: Rev. Shawana McGee
caringplace4kidsz@gmail.com / 708-354-2735

Caring Place is an After School Safe Haven that provides an adult-supervised environment for at-risk and special needs children. We also provide homework assistance, and a healthy snack and a well balanced meal.

Volunteer Time Commitment - any amount of time is appreciated. Homework assistance 4-5pm for kindergarteners through 4th graders; dinner prep for 30 kids Mondays, Wednesdays and Fridays. Special events: Martin Luther King Day Breakfast 1/15/18; Super Bowl Celebration 2/4//18; Pre-Thanksgiving Dinner; Christmas Dinner.

Challenger Baseball
Park District of LaGrange

Contact: John Walsh
walsh546@sbcglobal.net

The La Grange Little League Challenger Division enables boys and girls with physical and cognitive challenges, ages 5-18, or up to 22 years if still enrolled in high school, to enjoy the game of baseball. T-ball and coach pitch teams are established based on abilities, rather than age, and can include as many as 15-20 players. Most games are completed after two or three innings. Seven games are played from early May-mid-June.

Volunteer Time Commitment - Each player has a buddy. Buddies are paired up with a player for each game to encourage the player at bat and in the field and assist when needed. Buddies (aged 10+) may assist for one game or the whole season.

Feed My Starving Children
Aurora, Libertyville and Schaumburg, IL

Contact: www.fmssc.org

Feed My Starving Children (FMSC) is a Christian non-profit organization committed to feeding God's children hungry in body and spirit. The approach is simple: volunteers hand-pack meals specially formulated for malnourished children, and send them to partners around the world where they're used to operate orphanages, schools, clinics and feeding programs to break the cycle of poverty. FMSC food has reached more than 70 countries.

Volunteer Time Commitment - 2 hour shifts for age 5 to adult. Can accommodate large groups.

Franciscan Outreach
1645 W. LeMoyné St., Chicago

Contact: www.franoutreach.org

Franciscan Outreach provides men and women experiencing homelessness with the critical services they need to improve their lives. To assist them as they strive to gain stability, security and independence, they provide meals, shelter, shower facilities, laundry services, mail services, access to health care and case management services.

Volunteer Time Commitment - see website for volunteer opportunities and time commitment.

Greater Chicago Food Depository
4100 W. Ann Lurie Place, Chicago

Contact: www.chicagosfoodbank.org
773-247-3663

The Greater Chicago Food Depository (GCFD) is a nonprofit food distribution and training center providing food for hungry people while striving to end hunger in Chicago and throughout Cook County, Illinois.

Volunteer Time Commitment - 2-3 hour packing sessions may be scheduled online at www.chicagosfoodbank.org. Volunteer calendar is posted 4 months in advance. Volunteers earn \$5/hour in labor credits for our SFX Food Pantry. Please use Agency # A00419 when you register

Helping Hand Center

Contact: Emily Mantucca
emily.mantucca@hhcenter.org / 708-352-3580 ext. 317

Helping Hand is a nonprofit organization serving hundreds of children and adults with disabilities in Cook County and Chicagoland communities. Their mission is to assist persons with disabilities to achieve their highest level of independence through quality programs and services. Children's Services is located at 9649 W. 55th Street, Countryside and Adult Services is located at 6160 East Avenue, Hodgkins.

Volunteer Time Commitment - varies. See website for volunteer opportunities.



**Honor Flight Chicago
Midway Airport**

Contact: www.honorflightchicago.org

Welcome home WWII and Korean War vets at Midway Airport after day of honor in Washington, D.C. Flights are generally once a month April-October.

Volunteer Time Commitment - see website for flight dates. Airport event usually lasts about 3 hours.

**Interfaith Committee for
Detained Immigrants**

Contact: Maureen Lang
mrplang4@sbcglobal.net / 708-784-3090

Interfaith Committee for Detained Immigrants invites us to be in solidarity with those affected by the immigration detention and deportation system and to work for more just immigration policies.

Volunteer Time Commitment - Friday prayer vigil or rosary 7:15 - 8 am at Broadview Detention Center 1930 Beach Street, Broadview, IL for those being deported that day. Other programs include Pastoral Care at McHenry County Jail and Kenosha County Detention Center for trained clergy and lay leaders, Post Detention Accompaniment Network, including 2 Houses of Hospitality and Court Watch Program.

Interfaith Community Partners

Contact: Janet Garreau Executive Director
jgarreauicp@gmail.com / 708-354-9328

www.interfaithcommunitypartners.org

Interfaith Community Partners is a non-profit organization that works together with volunteers to provide rides to older adults in the Lyons, Proviso, and Riverside Townships to medical appointments, therapies, and life-enhancing errands such as the grocery store, bank, hairdresser, and church. We also offer library delivery service, phone call reassurance, friendly visitation, and gently used flower delivery called Petal Pushers.

Volunteer Time Commitment: Varies from 1-2 hours per time: we ask for two ride commitments per month and we work around your busy life. Friendly visitor program and phone call reassurance is 1-2 times per month. Training is provided. Background check required.

**Pillars Community Health-Administrative
23 Calendar Avenue, La Grange**

Contact: www.pillarscommunity.org
708-745-5277

Pillars Community Health is an innovative health and social services agency which integrates primary medical and dental care with mental health and social services. Pillars Community Health provides health, social and educational services to build strong, healthy communities.

Volunteer Time Commitment - see website for volunteer opportunities, including preparing a meal for residents of Constance Morris House, a domestic violence shelter and volunteering at the Hope Chest, its upscale resale shop.

**Project C.U.R.E.
Woodridge, IL**

Contact: Rosemary Kryk
chicagovolunteer@projecture.org / 312-813-8873

Project C.U.R.E. is the largest provider of donated medical supplies and equipment to developing countries around the world.

Volunteer Time Commitment - 2 or 3 hours to sort medical supplies. Volunteers with medical training are always needed to lead sorting teams. Other volunteer needs include biomedical technicians, sorting groups, drivers to pick up donations, community outreach volunteers and warehouse workers.

Ronald McDonald House

Contact: www.rmhc.org

Make, serve, and enjoy a meal with residents who have children receiving long-term medical care at Chicagoland hospitals. There are several houses around Chicagoland.

Volunteer Time Commitment - see website for locations and volunteer opportunities.

**Taller de José
2831 W. 24th Blvd., Chicago**

Contacts: www.tallerdejose.org / 773-523-8320 or
Joan Stopka jstopka@tallerdejose.org / 630-204-6928

Taller de José is a sponsored ministry of the Congregation of St. Joseph. It is a community resource center offering accompaniment to people in need, connecting people to services and services to people.

Volunteer Time Commitment - Varies - volunteers accompany people to appointments with social service organizations. Proficiency in Spanish is helpful.