



## Strep Throat

Strep Throat is contagious. We are passing this information on to you so that you can do your part in controlling the spread of this disease and in protecting the health of your child. Thank you for helping us reinforce good hand washing techniques to reduce the spread of germs.

### Signs and Symptoms

Streptococcal sore throat; abrupt onset of sore throat, fever, nausea and headache; tongue could be coated with strawberry appearance.

### Incubation period

Short, usually 1 - 3 days

### Period of communicability

10 - 24 days untreated, but only 24 hours once treatment is started.

### School procedure

**Exclude from school until on medication for 24 hours (not just several doses) and fever free (without the aid of medication) for a full 24 hours.**